

Sexual Health Inventory for Men (SHIM)¹

(1) www.auanet.org/content/education-and-meetings/med-stu-curriculum/ed.pdf

Each question has 5 possible responses. Tick the number that best describes your own current situation.

Please select only one answer for each question.

Name _____ Date _____

Over the past 6 months -

1. How do you rate your confidence that you could get and keep an erection?

Very Low (1)

Low (2)

Moderate (3)

High (4)

Very High (5)

2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration?

No sexual activity (0)

Almost never or never (1)

A few times (much less than
half the time) (2)

Sometimes (about half the
time) (3)

Most times (much more than
half the time) (4)

Almost always or always (5)

Continue questionnaire on back

3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated your partner?

Did not attempt intercourse (0)

Almost never or never (1)

A few times (much less than half the time) **(2)**

Sometimes (about half the time) **(3)**

Most times (much more than half the time) **(4)**

Almost always or always (5)

4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?

Did not attempt intercourse (0)

Extremely difficult (1)

Very difficult (2)

Difficult (3)

Slightly difficult (4)

Not difficult (5)

5. When you attempted sexual intercourse, how often was it satisfactory for you?

Did not attempt intercourse (0)

Almost never or never (1)

A few times (much less than half the time) **(2)**

Sometimes (about half the time) **(3)**

Most times (much more than half the time) **(4)**

Almost always or always (5)

Add the numbers corresponding to questions 1-5:

The Sexual Health Inventory for Men further classifies erectile dysfunction (ED) severity with the following breakpoints:

1-7 Severe erectile dysfunction

8-11 Moderate erectile dysfunction

12-16 Mild to moderate erectile dysfunction

17-21 Mild erectile dysfunction