



# Bladder Diary

This chart is designed to record urine output. Please measure and record the amount each time you pass urine over a 24-hour period. You should purchase a 500mL plastic jug for measuring urine output. You are not expected to measure leakage but please mark how often the leakage is occurring and whether the amount is large (L), moderate (M), or small (S).

**Complete three 24-hour periods, which do not have to be consecutive. Please email your completed Bladder Diary to [reception@aua.com.au](mailto:reception@aua.com.au) prior to your appointment.**

**Name** **Date**

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## Day 1

**Date**

<b>Time</b>	<b>Amount (mL)</b>	<b>Leakage</b>	<b>Time</b>	<b>Amount (mL)</b>	<b>Leakage</b>
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**Total volume (mL) for 24hrs**

**Day 2**

Date

Time	Amount (mL)	Leakage	Time	Amount (mL)	Leakage
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Total volume (mL) for 24hrs

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**Day 3**

Date

Time	Amount (mL)	Leakage	Time	Amount (mL)	Leakage
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Total volume (mL) for 24hrs