

Sexual Health Inventory for Men (SHIM)¹

Each question has 5 possible responses. Circle the number that best describes your own current situation. Please select only one answer for each question.

Over the Past 6 Months (circle one)

- 1. How do you rate your confidence that you could get and keep an erection?**

Very low	1	High	4
Low	2	Very high	5
Moderate	3		

- 2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration?**

No sexual activity	0
Almost never or never	1
A few times (much less than half the time)	2
Sometimes (about half the time)	3
Most times (much more than half the time)	4
Almost always or always	5

- 3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated your partner?**

Did not attempt intercourse	0
Almost never or never	1
A few times (much less than half the time)	2
Sometimes (about half the time)	3
Most times (much more than half the time)	4
Almost always or always	5

Continue questionnaire on back

¹www.auanet.org/content/education-and-meetings/med-stu-curriculum/ed.pdf

4. **During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?**

Did not attempt intercourse	0
Extremely difficult	1
Very difficult	2
Difficult	3
Slightly difficult	4
Not difficult	5

5. **When you attempted sexual intercourse, how often was it satisfactory for you?**

Did not attempt intercourse	0
Almost never or never	1
A few times (much less than half the time)	2
Sometimes (about half the time)	3
Most times (much more than half the time)	4
Almost always or always	5

Add the numbers corresponding to questions 1-5:

TOTAL: _____

The Sexual Health Inventory for Men further classifies erectile dysfunction (ED) severity with the following breakpoints:

- 1-7 Severe erectile dysfunction
- 8-11 Moderate erectile dysfunction
- 12-16 Mild to moderate erectile dysfunction
- 17-21 Mild erectile dysfunction

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